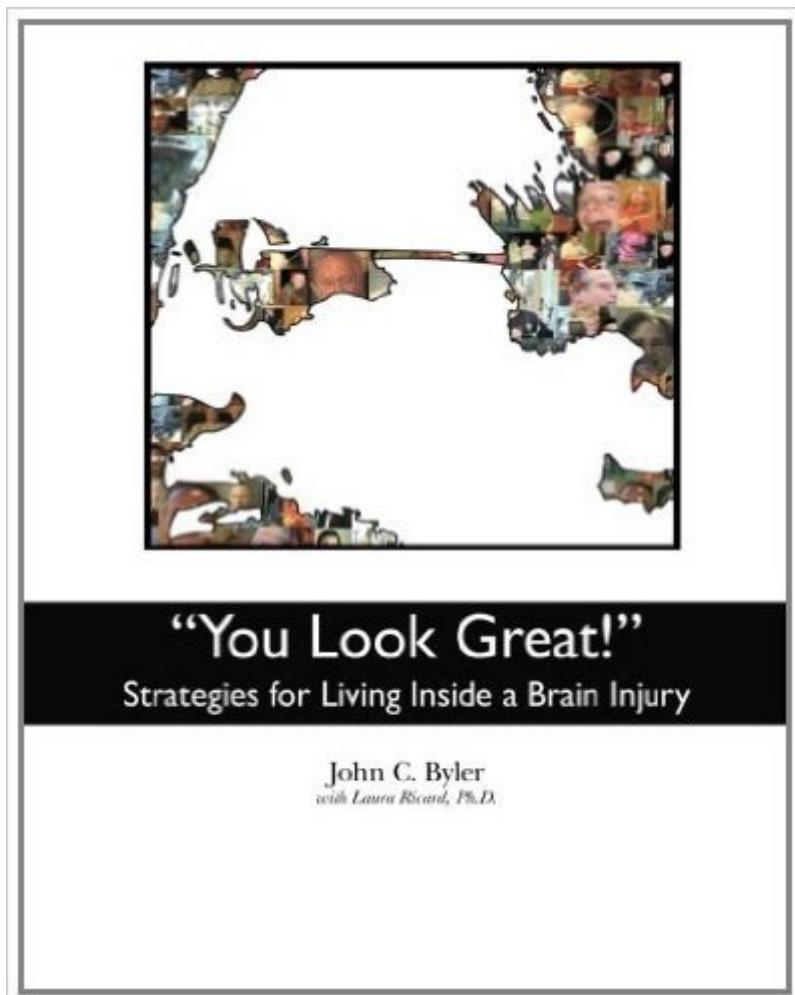


The book was found

# "You Look Great!": Strategies For Living Inside A Brain Injury



## Synopsis

â œYou Look Great!â • presents The TBI Recovery Model, an interdisciplinary approach to recovering from a brain injury. The modelâ ™s two checklists â “ Medical and Rehabilitation â “ help doctors and case managers answer the question, â œWhy do I feel so terrible all the time?â • The book describes the role of each major medical and rehabilitation professional that should be considered as a referral to the TBI Recovery Team. With its personal narratives and strategy-session highlights with world-class specialists, â œYou Look Great!â • narrows the gap between patients and the professionals who work with them; between patients and the caregivers and loved ones who live with them. The book is stocked with professional viewpoints, personal narratives and case studies, showcasing the clinical and very personal aspects of the brain-injury recovery process.

## Book Information

Paperback: 420 pages

Publisher: CreateSpace Independent Publishing Platform; 1 edition (July 26, 2011)

Language: English

ISBN-10: 1463621248

ISBN-13: 978-1463621247

Product Dimensions: 8 x 1 x 10 inches

Shipping Weight: 2.3 pounds (View shipping rates and policies)

Average Customer Review: 4.8 out of 5 starsÂ See all reviewsÂ (20 customer reviews)

Best Sellers Rank: #447,744 in Books (See Top 100 in Books) #53 inÂ Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Caregiving #285 inÂ Books > Medical Books > Medicine > Internal Medicine > Physical Medicine & Rehabilitation #479 inÂ Books > Textbooks > Medicine & Health Sciences > Medicine > Clinical > Neurology

## Customer Reviews

I wish I'd known about this book 5 years ago when my wife was injured in a car accident. It took us YEARS before we got the correct diagnosis of "mild" TBI -- and as Byler explains and demonstrates with story after story (his own and those of many other "mild" TBI victims) -- this injury is anything BUT mild. This book answers every single question I had about the injury, including everything I wanted to know about why my wife was misdiagnosed for years. It literally took us five years to learn that my wife had mild TBI. We were told she was "depressed" and that she needed a psychiatrist, and that she had Lyme, and all these diagnoses were dead wrong. WE knew she'd been injured in

the accident, but doctors were contemptuous of what we knew. This book explains why most people who end up with this dreadful injury--and even the neurologists don't get it right--are misdiagnosed, but even better, it tells you what to do about it so you won't think you (or your loved one) are crazy. One of the best things about this book (and there's really nothing else quite like it on the market, believe me) is that it is LOADED with tips, from how to get the care you need from doctors to how to keep your friends and protect your relationship with your partner or spouse and kids and how to negotiate social situations (and there's a ton more useful stuff), all really accessible. Another awesome thing about it is that the author has credibility--he's been struggling with the injury himself and yet he's been able to find all the necessary paths through it and tell readers how they can find the right paths too, including the self-esteem path! What I love about it is that it's so reassuring.

I had cancer, the chemo crossed over the brain barrier, yes Little Suzie, side effects are real, my brain began to bleed aka Subdural Hematoma, I have to degrees in medical and I knew my body was working when I had a kidney infection with e-coli, strep and staph, and I was quickly becoming near death, This one doctor not my regular doc thought I could not be in such pain and there were no white cells, to fight any infection and I ran no fever. All of this has to do with a brain that is in distress and you are going to die. Finally my doc took over. Then finding the right antibiotic.....This was in June, my words were slurred, I had headaches all the time, but assumed it was from the kidney infection. I ate only organic, weight was 120lbs, 5'6", skied, biked, rock climbed, and white water kayaked. In June I would fall forward and not protect myself, This was all so strange in August my husband watching me become more confused took me to emergency 4 times. I was sent home with a 10mm shift, bleeding brain. four days later, 14 mm shift stroke and surgery, The surgeon was CMA the rest of the way, I had 250mls of blood, ICP and a shift of 15 cms, Then 4 hours after the surgery he took me off steroids, my brain began to swell, He told everyone I was a drug addict, He listed the medication I was on twice brand and generic, 6 months prior I had undergone reconstruction therapy, where the recovery is six months, second reconstruction, so the webbing had to be moved clips out, screws moved. And I was in pain. But I never abused the medication. Then to top it off he would come in a yell at me if I didn't walk today he would have me put in a Nursing Home, he came in with the chart, every time my husband wasn't around.

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